
APPENDIX E

UNISEXUALITY:

THE WAVE OF THE FUTURE

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Unisexuality: The Wave of the Future

Sexual dimorphism is no longer tenable based on accumulated biochemical, medical and psychological evidence during the latter part of the 20th century. Researchers have been uniformly unable to separate humanity into one of two absolute sexual categories based on chromosomes, neuroanatomy, genitals or behavior. To the contrary, the preponderance of research shows that a wide variety of sexual states occur naturally, and are expressed in society to the extent that social rules permit freedom of gender expression.

As we approach the 21st century, gender expression is achieving legal recognition as an acceptable form of personal development. Accordingly, we can expect to see the emergence of the unisexual society, in which persons are neither male nor female, but admit to having unique sexual identities.

It is time for the transgender community to stand up and define ourselves as healthy human beings, not as mentally or medically ill persons with "gender dysphoria" or "gender identity disorder." The first step in this self-help process is to breakaway from the medical/psychological view that sex is biological while gender is psychological.. This artificial distinction was first propounded by Drs. Green, Money and Benjamin in the 1960s. The

distinction is wrong because our psychology flows from our neuroanatomy, which is of course biological.

The minds of transgendered persons direct them to express their sexual identity in a way different from that which society requires for person's with a particular set of genitals. But, absent the rules of society, there is no reason to expect that one's mind should be hard-wired to one's genitals. Natural hormonal levels, for example, do not create male or female minds. When the hormones flow prenatally our brains are too fluid for identity, and when the hormones flow at puberty, our brain structure is already well-set.

Our brain structure is influenced by our genes and our experiences. However, even simple enzymes require genes from multiple chromosomes. Any structure as complex as the brain is going to be designed from genes on many chromosomes, not just those from the X and Y chromosomes. In other words, our brains are not determined by the same genes that form our gonads. And even after the brain is formed, actual neural connections are the result of life experiences.

So, there is nothing unhealthy about transgendered people. We are simply different, with more liberated sexual identity impulses. Our biological sex is the sex of our minds. Our genitals are simply our genitals, not our sex.

Gender is the outward expression of our sexual identity. It is similar to religion, which is an outward expression of our spiritual identity. We are transgendered because we are or we have changed the outward expression of our sexual identity. The psycho-medical term transsexual is really inappropriate because very few of us have changed our sexual identities. Our sexual identity has been set since adolescence, although we kept it in a tight closet and portrayed the gender of a different sexual self.

When we follow the endocrinologist's prescriptions, and change our hormonal balance, we are not changing our sex. We are changing our gender, the outward expression of our sexual self. Our sex is the same as it was when we first entered the doctor's office -- the sex of our mind and our soul.

When we adopt the typical clothing, identification and mannerisms of a different sex we are not changing our sex. We are changing our gender, the outward expression of our sexual self. Our sex is the same as it was when we felt the irresistible urge to adopt that clothing, identification and behavior.

When we leave the hospital with different genitals we have not changed our sex. We have changed another facet of our gender, in this case the genital expression of our sexual self. The doctor did not do brain surgery and hence could not change our sex. Instead, the doctor performed genital reassignment surgery.

There is nothing about neuroanatomy that will ever enable doctors to divide everyone in the world into either male or female categories. The sizes of neuroanatomical substructures are extremely variable and don't always correlate with genitals even in terms of averages size distributions. Thousands of written mental tests given to children and adults have failed to ever separate people into two absolute categories -- those with penises and those with vaginas. There are always many math high scorers with vaginas, and many more math poor scorers with penises.

Since sex is in the brain, and the brain cannot be "male or female" the way genitals usually appear to be, it follows that sex cannot be "male or female." Instead, sex is a component of one's psychological identity, based no doubt on neuroanatomy. Sex is those aspects of our personality that lead us to want to express ourselves in one way or another along assertive, nurturing and erotic dimensions. The manner in which we actually do express our sexual identity is our gender. There are an infinite number of possible sexual identities, and an infinite number of possible genders. For almost all people it is easiest to express their sexual identity as a socially prescribed gender -- masculine or feminine.

Transgendered people chafe at being forced to express their sexual identity as a gender which doesn't fit their mind. Hence transgendered people try to express the only other gender allowed, that of the opposite sex. Since society frowns on this, many transgendered people end up thinking that they are "trapped in the

wrong body." Instead, the real problem is that society is trapped in only two genders. Genital reassignment surgery should be something that people do for cosmetic (like breast augmentation or nose jobs), erotic (like piercing) or spiritual (like circumcision) reasons. Genital reassignment should not be the only route to being able to safely express a gender not associated with one's genitals.

The legacy of the medicalization of transgendered people, such as in the psychologist's DSM today, is that a person with a penis usually can't wear a dress to work until they convert their penis into a vagina and change all their ID from male to female. This is absurd. We must finally end the notion that sex is between our legs. Instead, it is time to realize that sex is between our ears. As such, there is no such illness as gender dysphoria or gender identity disorder. There is nothing wrong with having a sex which is not associated by most people with one's genitals. It means, if you can express that sex, that you are gender gifted.

It is a wonderful thing to be able transform one's body, whether it is from baldness to a hair transplant, from breasts to a male chest, from a penis to a fully functional vagina, or from being a 98 pound weakling to becoming a muscle-laden weight lifter. There is a definite sense of renewal and rebirth from body sculpting. Body sculpting should be looked at as part of the fundamental human right of autonomy -- to have control over one's own body. The point is that such body sculpting should be done from free will, not because

the medico-legal system mandates it in order to express a particular gender.

Much harm is done to our people by the false notion that "sex is between your legs, and gender is between your ears." This psychological fiction leads many people on a life-long quest for genital reassignment surgery when all they really want to do is to live a particular life style. And, at the same time, this psychological fiction has forced many other people into years of begging and bribing gatekeepers for the simple right to urinate and fornicate in an alternative fashion. We must come to be as free to claim a sexual identity as we are to claim our personality. We must come to be as free to express a gender as we are to express an opinion. We must come to be as free to change our genitals as we are to change our religion. We don't need gatekeepers just like we don't need censors. What we need is simply a clean bill of health: recognition by the medical, psychological and legal community that sex is not male or female, and that gender expression is a human right.

As we grow to recognize that sex is as infinitely variable as other aspects of personality, the male or female paradigm will fade away. We will come to treasure our unique sexual identity, our unisexuality. All people will learn to express their sexual identity in many different ways, in different genders, as a natural part of personal development. As this occurs, all people will come to appreciate the inherently transgendered nature of the human race.